Epigenetics allows...for a chronological of 54, and a biological age of 27.
“\textit{To change the individual, change the environment.}”
\text{--- R. Buckminster Fuller.}

\textit{To make the world work for 100\% of humanity}
\textit{in the shortest possible time through spontaneous cooperation}
\textit{without ecological offense or the disadvantage of anyone.}
\text{--- R. Buckminster "Bucky" Fuller.}

\textit{...starts with one person, one relationship, one family, one neighbor, one neighborhood, one village, one community, one city, one state, one nation, at a time.... simultaneously.}

\textbf{Epigenetic Recipe:}
1. Induce \textit{delta waves}.
2. Rest \textit{regeneratively} for 8 hours. (regeneration occurs within the space between).
3. Produce chromosomal \textit{telomere} health.
4. Add \textit{hemi sync} \textit{neural oscillation}.
6. \textit{Oh boy!} .....does the \textit{winged life} deploy! \textbf{Ride the Wave!}

Effective \textit{regenerative} seasonings: Co-Q10, B-12, Magnesium, Krill oil, Turmeric, Curcumin, Methyl Folate, A, Probiotics, D-3, Bioastin, K-2, Trans-Resveratrol, Paleo-Aerobics.

\textbf{X = New Republic} = \textbf{REGENERATIVE Globalism}. = \textbf{BREAKTHROUGH ENERGY} : \textbf{Go.Out.Do}.

\textbf{HIGH VOLTAGE} : transform the world.

\textbf{CONSTITUTIONALISM}.....is the \textbf{new counterculture}.

\textbf{SYNCHRONICITY} and \textbf{ELECTRIC UNIVERSE}.

\textit{Sent from the New Republic. playlist.}